



# SANS 16001

## Wellness and Disease Management Awareness



### Course Information

<b>Course Name</b>	SANS 16001 – Awareness
<b>Course Designer</b>	World Wide Industrial and Systems Engineers
<b>Course Category</b>	Wellness and Disease Management
<b>Course Duration</b>	1 day

### Course Overview

The standard provides a framework from which the workplace can develop effective and efficient responses to their identified wellness and disease risks. The focus is on the management of non-occupationally related illnesses and other issues that can negatively (or positively if well managed) impact on the employer and employee. These non-occupationally induced wellness and disease issues are not traditionally managed under Occupational Health and Safety or ISO 45001:2018.

## SANS 16001:2013 Wellness and Disease Management

<b>Who Should Attend?</b>	<ul style="list-style-type: none"> <li>• Employee Wellness Managers</li> <li>• Health &amp; Safety officers</li> <li>• First Aiders</li> <li>• Risk managers</li> <li>• HR Managers</li> </ul>
<b>Course Objectives</b>	<p>At the end of the course delegates will be able to:</p> <ul style="list-style-type: none"> <li>• identify wellness, disease risk opportunities</li> <li>• make efficient and effective use of strategies intervention</li> <li>• awareness and interventions to reduce risks identified</li> <li>• evaluating the success of handling wellness and disease management</li> </ul>
<b>Benefits</b>	<ul style="list-style-type: none"> <li>• Your employees gain assurance that the wellness and disease risks within the workplace are being effectively managed.</li> <li>• The employees are provided with the resources, knowledge, and guidance in order to make good choices about their health</li> <li>• Improved disease management and prevention better employee health and wellness in an organisation.</li> <li>• Less stressed employees</li> <li>• Healthier employees in general</li> <li>• Create awareness and increase productivity in a workplace</li> <li>• Improved work relationships</li> </ul>

## Course Content

<b>Course Modules</b>	<ol style="list-style-type: none"> <li>1. Introduction</li> <li>2. Role of SABS – Certification Body</li> <li>3. WDMS implementation and Certification Process</li> <li>4. Successes and Challenges</li> <li>5. Benefits of implementing a Wellness and Disease Management System</li> </ol>
<b>Certification</b>	<ul style="list-style-type: none"> <li>• Certificate of competence.</li> <li>• Certificate of attendance.</li> </ul>

**Assessments**

- If applicable, there will be an assessment at the end of the course.
- Delegates have to complete the assessment with a minimum score of 60% to receive a certificate of competence.
- Delegates who score between 40% and 59% will get a second attempt at the assessment.
- Delegates who score lower than 40% or fail the second attempt, will need to repurchase the course.
- Delegates will receive an attendance certificate regardless of a pass or fail.

**About WWiSE**

**Who are we?**

World Wide Industrial & Systems Engineers (WWiSE) is an ISO consultancy, training, business solutions and systems implementation firm based in Southern Africa that provides clients with effective business processes and Safety, Health, Environmental, Risk and Quality (SHERQ) management solutions in preparation for ISO compliance. The solutions we provide and implement allow our clients to compete favourably in modern competitive business environments, locally and internationally. We also strive to be the leading training providers in SHEQ, ISO, Engineering, Finance, Business and Project Management.

**What do we do?**

Our services are aimed at the improvement of quality, efficiency, knowledge, and competitiveness of client companies. The service range includes:

- ISO and SHERQ Systems implementation services whereby we assist client companies in meeting the requirements of ISO 9001, 14001, 22000, 31000, 27001, 20000-1, 50001, 22301 and 45001 standards.
- Integrated Management Systems development whereby we integrate several business systems and environmental, quality management solutions into a single management system to comply with various environmental, quality and safety standards.
- Training of all employees (Shop Floor to Executive Management) in the fields of SHERQ, Engineering, Finance, Business and Project Management to meet the job responsibilities and expertise requirements of the International Standards.

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- ISO and Legal auditing which includes gap analysis audits, product, process, procedural, and systems auditing by our registered SAATCA auditors.
  - Customised web-based solutions integrating current systems to be in line with ISO requirements

We are a Level 1 BBBEE Contributor that specialises in systems development, consultancy, training, and auditing